



# TAAF QUALIFIER

Hosted By: Trevino's Gymnastics

**1438 S. I-35E**

**LANCASTER, TEXAS 75146**

**972-223-0167**

**March 9-10, 2024**

## **MEET FORMAT: CONTINUOUS CAPITAL CUP**

**Saturday**, March 9, 2024

**SESSION 1** (68 athletes)

**All Level 1; All Xcel Bronze**

**Gym Opens: 7:30am**

Open Stretch: 8:00am

March In: 8:15am

Timed Warm Up: 8:25am

Competition: 8:30am

Awards to follow

**Saturday**, March 9, 2024

**SESSION 2** (82 athletes)

**ALL Level 2**

Open Stretch: 11:10am

March In: 11:25am

Timed Warm Up: 11:35am

Competition: 11:44am

Awards to follow

**Saturday**, March 9, 2024

**SESSION 3** (79 Athletes)

**ALL Level 3**

Open Stretch: 2:45pm  
March In: 3:00pm  
Timed Warm Up: 3:10pm  
Competition: 3:18pm

Awards to follow

**Saturday**, March 9, 2024

**SESSION 4** (79 Athletes)

**All Level XS**

Open Stretch: 6:20pm  
March In: 6:35pm  
Timed Warm Up: 6:45pm  
Competition: 6:55pm

Awards to follow

**Sunday**, March 10, 2024

**SESSION 5** (60 Athletes)

**ALL LEVEL 4**

Gym Opens: 7:30am  
Open Stretch: 8:00am  
March In: 8:15am  
Timed Warm Up: 8:25am  
Competition: 8:33am

Awards to follow

**TIME CHANGE!!!!**

**Free Coffee**

**Session 5 only**

**Sunday**, March 10, 2024

**SESSION 6** (77 Athletes)

**ALL LEVEL 5; ALL LEVEL XG**

Open Stretch: 11:30am  
March In: 11:50am  
Timed Warm Up: 12:00pm  
Competition: 12:10pm

Awards to follow

**Sunday**, March 10, 2024

**SESSION 7** (49 Athletes)

**ALL OPTIONAL: Lvl: 6, 7, 8, XP & XD**

Open Stretch: 3:45pm

March In: 4:05pm

Timed Warm Up: 4:15pm

Competition: 4:26pm

Awards to follow