

**T.A.A.F. REGION 16
TRACK AND FIELD CHAMPIONSHIPS
CABANISS MULTIPURPOSE STADIUM
CORPUS CHRISTI, TEXAS
July 9, 2022**

HOST: City of Corpus Christi Parks and Recreation Department

CERTIFIED BY: Texas Amateur Athletic Federation

MEET DIRECTOR: Richard Ocanas—Cell# 361-533-4557

STARTING TIME: **8:00 a.m.**
Saturday, July 9, 2022

FIELD EVENTS: **8:00 a.m.**
Saturday, July 9, 2022

SITE: Cabaniss Multipurpose Stadium
3062 Pecos Drive
Corpus Christi, TX. 78415

AGE GROUPS:	<u>Division</u>	<u>Age</u>	<u>Year of Birth</u>
	Tiny Tots	6 & Under	2016 & 2017
	Pee Wee	8 & Under	2014 & 2015
	Bantam	10 & Under	2012-2013
	Midget	12 & Under	2010-2011
	Juniors	14 & Under	2008-2009
	Intermediate	16 & Under	2006-2007
	****Seniors	18 & Under	2004-2005

**** Eligibility: Graduating seniors and high school participants who have not competed at the college level in any track & field competition.

ENTRY FEE: **\$15.00 for Regional Meet.**

ADMISSION FEE: SPECTATORS - ADULTS - \$3.00 STUDENTS - \$ 3.00

UNIFORM: Relay team members will be required to wear shirts that are alike in color but not necessarily alike in style

PROOF OF AGE: A TAAF # will be required by all athletes in order to compete at the Region 16 Track & Field Meet.

MEET ENTRIES: All meet entries should be done **online** TO THE STATE TAAF OFFICE by **Wednesday, JULY 6, 2022 before midnight**. The entries will be heated according to times turned in. Athletes should only be entered in one division.

QUALIFICATION: The top **three (3)** athletes and the top **three (3) relay teams** in the divisions all divisions will qualify to the State Track and Field Meet in **Corpus Christi, Texas, on July 21-July 24, 24.**

STATE ENTRY FEES: All participants must pay **\$10.00 per event** in which they qualify for to the state meet. **This fee must be paid at the Regional meet.**

CLUB MEMBERSHIP: All participants will be identified by the nearest T.A.A.F. member city or affiliate membership. The affiliate membership fee is \$100.00. **Deadline for Registration in State Office by June 27, 2022. A copy must also be filed at the Corpus Christi Parks and Recreation Department Office.**

UNATTACHED ATHLETES: All unattached athletes and new club deadline for TAAF membership is June, 27, 2022.

COMPETITION: The schedule of events will be posted at the track & field meet.
Contestants ages 12 and under may enter only 3 events **(They may all be running events)**.

Contestants between the ages of 13 and 18 may enter 4 events. Only 3 may be running events.

Note: Alternates on relays count as an event. No contestant shall enter more than two of the following events: 400 meter dash, 800 meter dash, 1600 meter run, or 3200 meter run. This does not prevent a 400, 800, 1600 or 3200- meter contestant from running in the relays provided he or she is entered in no more than three (3) total running events.

SPIKES: Only $\frac{1}{4}$ - inch spikes may be used on the Cabaniss Multipurpose Stadium track.

POLE VAULT: Regulation Poles must be used. All pole vaulters must weigh in prior to the beginning of the event. For safety purposes, we are encouraging pole-vaulters to wear safety helmets if you feel necessary.

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*THERE WILL BE FOUR (4) ATTEMPTS ONLY IN EACH FIELD EVENT; THE EXCEPTION ARE THE POLE VAULT AND THE HIGH JUMP, WHICH HAVE THREE (3) ATTEMPTS AT EACH HEIGHT.

8:00AM

ALL FIELD EVENTS:

8:00AM

RUNNING EVENTS:

1. JUNIOR GIRLS	14 & Under	3200 METER RUN
2. JUNIOR BOYS	14 & Under	3200 METER RUN
3. INTERMEDIATE GIRLS	16 & Under	3200 METER RUN
4. INTERMEDIATE BOYS	16 & Under	3200 METER RUN
5. SENIOR GIRLS	18 & Under	3200 METER RUN
6. SENIOR BOYS	18 & Under	3200 METER RUN
7. BANTAM GIRLS	10 & Under	1600 METER RUN
8. BANTAM BOYS	10 & Under	1600 METER RUN
9. MIDGET GIRLS	12 & Under	1600 METER RUN
10. MIDGET BOYS	12 & Under	1600 METER RUN

9:30AM

11. PEE WEE GIRLS	8 & Under	400 METER RELAY
12. PEE WEE BOYS	8 & Under	400 METER RELAY
13. BANTAM GIRLS	10 & Under	400 METER RELAY
14. BANTAM BOYS	10 & Under	400 METER RELAY
15. MIDGET GIRLS	12 & Under	400 METER RELAY
16. MIDGET BOYS	12 & Under	400 METER RELAY
17. JUNIOR GIRLS	14 & Under	400 METER RELAY
18. JUNIOR BOYS	14 & Under	400 METER RELAY
19. INTERMEDIATE GIRLS	16 & Under	400 METER RELAY
20. INTERMEDIATE BOYS	16 & Under	400 METER RELAY
21. SENIOR GIRLS	18 & Under	400 METER RELAY
22. SENIOR BOYS	18 & Under	400 METER RELAY
23. PEE WEE GIRLS	8 & Under	800 METER RUN
24. PEE WEE BOYS	8 & Under	800 METER RUN
25. BANTAM GIRLS	10 & Under	800 METER RUN
26. BANTAM BOYS	10 & Under	800 METER RUN
27. MIDGET GIRLS	12 & Under	800 METER RUN
28. MIDGET BOYS	12 & Under	800 METER RUN
29. JUNIOR GIRLS	14 & Under	800 METER RUN
30. JUNIOR BOYS	14 & Under	800 METER RUN
31. INTERMEDIATE GIRLS	16 & Under	800 METER RUN
32. INTERMEDIATE BOYS	16 & Under	800 METER RUN
33. SENIOR GIRLS	18 & Under	800 METER RUN
34. SENIOR BOYS	18 & Under	800 METER RUN
35. MIDGET GIRLS	12 & Under	80 METER HURDLES (8-30")
36. MIDGET BOYS	12 & Under	80 METER HURDLES (8-30")
37. JUNIOR GIRLS	14 & Under	100 METER HURDLES (10-30")
38. INTERMEDIATE GIRLS	16 & Under	100 METER HURDLES (10-33")
39. SENIOR GIRLS	18 & Under	100 METER HURDLES (10-33")
40. JUNIOR BOYS	14 & Under	110 METER HURDLES (10-36")
41. INTERMEDIATE BOYS	16 & Under	110 METER HURDLES (10-39")

42. SENIOR BOYS	18 & Under	110 METER HURDLES (10-39")
43. TINY TOTS G/B	6 & Under	50 METER DASH
44. PEE WEE GIRLS	8 & Under	50 METER DASH
45. PEE WEE BOYS	8 & Under	50 METER DASH
46. BANTAM GIRLS	10 & Under	100 METER DASH
47. BANTAM BOYS	10 & Under	100 METER DASH
48. MIDGET GIRLS	12 & Under	100 METER DASH
49. MIDGET BOYS	12 & Under	100 METER DASH
43 TINY TOTS G/B	6 & Under	100 METER DASH
44. PEE WEE GIRLS	8 & Under	100 METER DASH
45. PEE WEE BOYS	8 & Under	100 METER DASH
50. JUNIOR GIRLS	14 & Under	100 METER DASH
51. JUNIOR BOYS	14 & Under	100 METER DASH
52. INTERMEDIATE GIRLS	16 & Under	100 METER DASH
53. INTERMEDIATE BOYS	16 & Under	100 METER DASH
54. SENIOR GIRLS	18 & Under	100 METER DASH
55. SENIOR BOYS	18 & under	100 METER DASH
56. PEE WEE GIRLS	8 & Under	400 METER DASH
57. PEE WEE BOYS	8 & Under	400 METER DASH
58. BANTAM GIRLS	10 & Under	400 METER DASH
59. BANTAM BOYS	10 & under	400 METER DASH
60. MIDGET GIRLS	12 & Under	400 METER DASH
61. MIDGET BOYS	12 & Under	400 METER DASH
62. JUNIOR GIRLS	14 & Under	400 METER DASH
63. JUNIOR BOYS	14 & Under	400 METER DASH
64. INTERMEDIATE GIRLS	16 & Under	400 METER DASH
65. INTERMEDIATE BOYS	16 & Under	400 METER DASH
66. SENIOR GIRLS	18 & Under	400 METER DASH
67. SENIOR BOYS	18 & Under	400 METER DASH
68. JUNIOR GIRLS	14 & Under	300 METER HURDLES (8-30")
69. JUNIOR BOYS	14 & Under	300 METER HURDLES (8-30")
70. INTERMEDIATE GIRLS	16 & Under	300 METER HURDLES (8-30")
71. SENIOR GIRLS	18 & Under	300 METER HURDLES (8-30")
72. INTERMEDIATE BOYS	16 & Under	300 METER HURDLES (8-36")
73. SENIOR BOYS	18 & Under	300 METER HURDLES (8-36")
74. PEE WEE GIRLS	8 & Under	200 METER DASH
75. PEE WEE BOYS	8 & Under	200 METER DASH
76. BANTAM GIRLS	10 & Under	200 METER DASH
77. BANTAM BOYS	10 & Under	200 METER DASH
78. MIDGET GIRLS	12 & Under	200 METER DASH
79. MIDGET BOYS	12 & Under	200 METER DASH
80. JUNIOR GIRLS	14 & Under	200 METER DASH
81. JUNIOR BOYS	14 & Under	200 METER DASH
82. INTERMEDIATE GIRLS	16 & Under	200 METER DASH
83. INTERMEDIATE BOYS	16 & Under	200 METER DASH
84. SENIOR GIRLS	18 & Under	200 METER DASH
85. SENIOR BOYS	18 & Under	200 METER DASH
86. JUNIOR GIRLS	14 & Under	1600 METER RUN
87. JUNIOR BOYS	14 & Under	1600 METER RUN
88. INTERMEDIATE GIRLS	16 & Under	1600 METER RUN
89. INTERMEDIATE BOYS	16 & Under	1600 METER RUN
90. SENIOR GIRLS	18 & Under	1600 METER RUN
91. SENIOR BOYS	18 & Under	1600 METER RUN

92. BANTAM GIRLS	10 & Under	1600 RELAY
93. BANTAM BOYS	10 & under	1600 RELAY
94. MIDGET GIRLS	12 & Under	1600 RELAY
95. MIDGET BOYS	12 & Under	1600 RELAY
96. JUNIOR GIRLS	14 & Under	1600 RELAY
97. JUNIOR BOYS	14 & Under	1600 RELAY
98. INTERMEDIATE GIRLS	16 & under	1600 RELAY
99. INTERMEDIATE BOYS	16 & Under	1600 RELAY
100. SENIOR GIRLS	18 & Under	1600 RELAY
101. SENIOR BOYS	18 & Under	1600 RELAY

*** IT IS VERY IMPORTANT THAT COACHES AND ATHLETES LISTEN FOR THE ANNOUNCEMENT OF EVENTS!!!

Wishing all TAAF COMPETITORS the best of luck at GAMES of TEXAS.