

TAAF Region 7 Regional Track Meet
 July 7-9, 2022
 Desoto High School – Eagle Stadium
 700 Eagle Dr, Desoto, TX 75115

THIS WILL BE A ROLLING MEET. EVENTS WILL START AT START TIME AND ROLL THROUGHOUT THE DAY.

Thursday, July 7

5:00pm COACHES MEETING ON FIELD

Running Events – All events are timed finals – Events start at 6:00pm

3200m Run 14UG, 16UG, 18UG, 14UB, 16UB, 18UB
 1600m Run 10UG, 12UG, 10UB, 12UB

Field Events Triple Jump Pole Vault

4:00pm
 14UG 18UB
 14UB 16UB
 18UG 14UB
 18UB 18UG
 16UB 16UG
 16UG 14UG

Friday, July 8

Running Events – All events are timed finals

8:30am 800m Run 8UG, 8UB, 10UG, 10UB, 12UG, 12UB
 400m Relay 8UG, 8UB, 10UG, 10UB, 12UG, 12UB
 400m Dash 8UG, 8UB, 10UG, 10UB, 12UG, 12UB
 50m Dash 6UG, 6UB, 8UG, 8UB
 80m Hurdles 12UG (8 @ 30"), 12UB (8 @ 30")
 100m Dash 6UG, 6UB, 8UG, 8UB, 10UG, 10UB, 12UG, 12UB
 200m Dash 8UG, 8UB, 10UG, 10UB, 12UG, 12UB
 1600m Relay 10UG, 10UB, 12UG, 12UB

Field Events High Jump Long Jump Shot Put Discus
 8:30am 18UG 14UG 18UB 14UG
 18UB 14UB 18UG 16UG
 16UG 16UB 14UB 18UG

10:30am 16UB 16UG 14UG 14UB
 14UG 18UG 16UB 16UB
 14UB 18UB 16UG 18UB

Saturday, July 9

Running Events – All events are timed finals

8:30am 1600m Run 14UG, 16UG, 18UG, 14UB, 16UB, 18UB
 400m Relay 14UG, 14UB, 16UG, 16UB, 18UG, 18UB
 100m Hurdles 14UG (10 @ 30"), 16UG (10 @ 33"), 18UG (10 @ 33")
 110m Hurdles 14UB (10 @ 36"), 16UB (10 @ 39"), 18UB (10 @ 39")
 800m Run 14UG, 14UB, 16UG, 16UB, 18UG, 18UB
 100m Dash 14UG, 14UB, 16UG, 16UB, 18UG, 18UB
 400m Dash 14UG, 14UB, 16UG, 16UB, 18UG, 18UB
 300m Hurdles 18UB (8 @ 36"), 16UB (8 @ 36"), 14UB (8 @ 30"), 18UG, 16UG, 14UG (8 @ 30")
 200m Dash 14UG, 14UB, 16UG, 16UB, 18UG, 18UB
 1600m Relays 14UG, 14UB, 16UG, 16UB, 18UG, 18UB

Field Events High Jump Long Jump Shot Put
 8:30am 8UB 12UB 10UG
 8UG 12UG 10UB
 10UG 8UB 12UB

10:30am 10UB 8UG 12UG
 12UB 10UG N/A
 12UG 10UB N/A

Running Events

All runners entered into running events must report and check-in at the heating tent when their event is called. If there is a conflict with a Field Event, make sure the Heating Tent and Field Event Judge are notified. **Running Events will take precedence over Field Events. Field Event participants may report late to their field event only if they are competing in a running event at the same time and the Field Event judge HAS BEEN NOTIFIED. Runners missing their assigned heats will be disqualified.** Runners will be timed electronically and the finish of each race will be videotaped. All runners MUST wear a leg number corresponding to their lane which will be provided in the heating tent.

Field Events

All events will be finals with three (3) attempts per participant (exception: high jump and pole vault). All participants should be prepared to check in at their field event location 15 minutes prior to scheduled start time. All Field Event participants must finish their event within the 60 minute time limit, unless approved.

State Meet

The top x finishers in each event are guaranteed to advance to the 2022 TAAF State Games of Texas in Corpus Christi, Texas. All state meet qualifiers must declare their acceptance by paying the state meet entry fee of \$10.00 per person, per event. This payment must be made at the awards table by the end of the Regional Meet in Desoto.

Admission

Admission to the Regional Track Meet is \$5 per person, per day or \$10 per person for a weekend pass.

Rules and Guidelines for 2022 Regional Track & Field Meet
July 7-9, 2022
DeSoto, Texas

1. Meet Location – Desoto High School - Eagle Stadium, 700 Eagle Dr, Desoto, TX 75115. Please refer to the map/layout for event locations.
2. Coaches Meeting: We will have a coaches meeting on July 7 at 5:00pm at center field prior to the first race. We will go over rules for the weekend and answer any questions coaches might have at this time. One coach from each team MUST be at the meeting.
3. Daily Spectator Admission Charge - \$5.00 per person, per day or \$10.00 for a weekend pass. Athletes must be in uniform to be allowed into the stadium at no charge. Coaches Passes will be included in the team packet which can be picked up Thursday, July 7 at the Meet Office.
4. **NO TENTS in the stands on the home side of the stadium.** Only single, hand-held umbrellas are allowed in bleachers. Team tents will only be allowed in grass areas around the stadium and visitor side of the stadium. Visitor side is for coaches and athletes only.
5. PARTICIPANTS/ATHLETES ONLY WILL BE ALLOWED ON THE TRACK AND STADIUM SURFACE DURING THE MEET. This is the same rule used and adhered to at the State Meet and this will be enforced at this Regional Meet. The only exception is that coaches will be allowed in the field event area.
6. NO COACHES WILL BE ALLOWED ON THE TRACK UNLESS FOR EMERGENCY PURPOSES AND/OR UNLESS APPROVED BY MEET OFFICIALS.

** EXCEPTION – During 4x100 Relay Events ONLY a maximum of two (2) coaches per team may be on the Track to assist runners in setting their marks. Coaches on the track must remain off the track during the event and may not run along the track during events. Coaches are not allowed to assist or help runners while in the vicinity of the track. Forfeiture of relay teams and/or individuals may result.
7. This year's meet will be a ROLLING meet – which means that events will start when the previous event is complete. Running event participants should check in at the heating tent when calls are made. Runners missing their posted heats will be disqualified, regardless if the event is still in progress. DO NOT BE LATE. Field event participants must check in with the Field Event Clerk at the listed starting times. Field Event participants MUST compete and complete their event during the time specified.

No late registration or changes in entries will be allowed for the meet at the stadium!! The final deadline for all entries into the 2022 TAAF Region 7 Regional Track & Field Meet is June 23, 2022 at NOON. Once an athlete is entered, all entry fees for all events are due and required, regardless if the athlete competes or not!

RUNNING EVENTS:

- a) All running events will finish at approximately the same finish line. Due to the nature of the cameras and the timing system. Moving the system as little as possible will be the criteria. All non-curve dashes: (50 m dash, 100 m dash, 80 m hurdles, 100 m hurdles, 110 m hurdles) will be run from left to right, regardless of the wind direction.
- b) The number of berths issued to the state meet is determined by the number of athletes registered on June 23, 2022. The top six finishers will receive awards with medals going to the top three (3) finishers in each event and ribbons to the 4th, 5th & 6th place finishers.
- c) All participants for all running events must check in at the announced times at the Heating Tents. Meet officials will escort all participants to the starting line. Heating for field events could be held at different locations, as needed; announcements will be made.
- d) All participants in all running events will be required to wear a leg number corresponding to their lane assignment. These numbers will be issued to each runner at the heating tent. Runners may not participate without this number. **All participants in both running and field events will be required to wear a bib number that can be picked up with the coach's packets on Thursday, July 7.** Replacement bibs are \$5 each.
- e) ALL RUNNING EVENTS, SPRINTS, HURDLES, AND DISTANCE EVENT HEATS WILL BE RUN AGAINST TIME. WINNING A HEAT DOES NOT GUARANTEE QUALIFYING FOR THE STATE MEET.

- f) **Protests:** Per official TAAF and UIL rules, Judgment Calls and Decisions by TAAF Region 7 Finish Line Judges / Timers and/or Meet Officials are official and **CAN NOT BE PROTESTED!** Rule Interpretation protests and/or appeals are the only types of protests allowed and must be made to the Meet Referees at the time of the incident.

Protest must be submitted in writing (by the Head Coach only) with all information included as to the reason for the protest, which event, heat number, etc. Protest Fee = \$50.00 each. Fee will be refunded only if protest is upheld.

For all age protests, the coach has 30 minutes from the moment they are notified to produce a valid birth certificate. All coaches are asked to have birth certificates on hand at the regional track meet.

TAAF and UIL rules also state that **ONLY video equipment approved by TAAF Region 7 shall be used to make finish line decisions.** Home videos will not be allowed to be used for protests. Protests are to be made to the Meet Office. Before submitting a protest, especially if it involves decisions at the finish line, please consider the fact that the finish line of each race is being professionally videotaped and timed electronically.

FIELD EVENTS: (Refer to Track Layout)

- a) Field events for all divisions will be conducted per the printed and announced schedule on all days.
- b) Event Locations:
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|-------------|---|
| HIGH JUMP | (Friday and Saturday) – inside the track |
| LONG JUMP | (Friday and Saturday) – visitor side of stadium |
| TRIPLE JUMP | (Thursday Only) – visitor side of stadium |
| POLE VAULT | (Thursday Only) – visitor side of stadium |
| SHOT PUT | (Friday and Saturday) – outside the stadium |
| DISCUS | (Friday Only) – outside the stadium |
8. The Awards area will be located beside the tent area. All awards may be picked up here. State Meet qualifiers must also pay their State Meet Entry Fee (\$10.00 per event qualified for) when awards are picked up.
9. **Award Winners:** Medals for 1st place through – 3rd place and ribbons for 4th place through 6th place may be picked up 30 minutes after the results from each event have been posted. Coaches and/or Parents are encouraged to be the ones that pick up awards.
10. **State Meet Qualifiers:** All State Meet Entry Fees for all qualifiers must be paid to the Meet Director by the conclusion of the meet on Saturday, July 9. The top x finishers in each event will qualify for the 2022 TAAF State Meet in Corpus Christi, Texas, July 21-24.
- **\$10.00 per person, per event. Cash or checks, payable to: “TAAF Region 7” will be accepted.**
 - Qualifiers who know that they will not compete at the State Meet are requested to notify Meet Officials. However the new State Rule, effective in 2004 does not allow any substitutions nor next place finishers to qualify for the State Meet. Only the top xx place finishers in each event will qualify for the State Meet.

COACHES: Please make sure all of your athletes and their parents/spectators know and understand these rules and guidelines. We understand that some may not be to your liking, however, due to the nature of the sport of Track & Field and for proper meet operation and safety, rules of this kind must be adhered to.

Thank you for your efforts this year! Good Luck!