



T.A.A.F. Region 4  
Track and Field Circuit Meet  
June 20, 2015

Only TAAF Region 4 member cities or affiliate teams will be allowed to participate.

Each team will be responsible for supplying volunteers throughout the day to assist with the meet

**Location:** Marcus High School -5707 Morriss Rd, Flower Mound, TX 75028  
**Track:** All weather track, long jump and high jump runways {¼" spikes only}  
**Coaches:** Only certified and credentialed coaches are allowed on the in-field  
**Gate opens:** 7:00 a.m.

**Meet start time:** 8:00 a.m. with 3200 Meter Run and Field Events

**Special Bulletin:** We ARE having Pole Vault and Triple Jumps. Pole Vault will start at 8:30AM and Triple at the conclusion of Long Jump

**Gate Fees:**

- \$4.00/wrist band. Each participant may enter as many events as they
- \$3.00/wrist band. All spectators
- \$3.00/wrist band. All coaches after 5 (each Club is allowed 5 free coaches' passes)
- \$3.00/sticker. All outside coolers

**Age/Division Birth Year:** Ages are determined as of December 31, 2015.

Pee Wee	2007, 2008, 2009	8 & Under
Bantam	2005, 2006	10 & Under
Midget	2003, 2004	12 & Under
Junior	2001, 2002	14 & Under
Intermediate	1999, 2000	16 & Under
Senior	1997, 1998	18 & Under

**Meet Schedule:** All times are approximate as the meet is on a rolling schedule.

Time	Event	Age(s)	
8:00 a.m.	3200 M Run	Junior, Intermediate, Senior – Girls/Boys	
	80 M Hurdles (8-30")	Midget – Girls/Boys	
	100 M Hurdles (10-30")	Junior – Girls/Boys	
	100 M Hurdles (10-33")	Junior, Intermediate – Girls/Boys	
	110 M Hurdles (10-36/39")	Junior, Intermediate – Boys	
	110 M Hurdles (10-39")	Senior – Boys	
	800 M Run - all	All Divisions – Girls/Boys	
	400 M Relay	All Divisions – Girls/Boys	
	400 M Dash	All Divisions – Girls/Boys	
	Girls Home side of the track	50 M Dash	Pee Wee – Girls/Boys
		1600 M Run	Bantam, Midget, Junior, Intermediate, Senior – Girls/Boys
	10 & Under Home side of the track	100 M Dash	All Divisions – Girls/Boys
		300 M Hurdles (8-30")	Junior, Intermediate, Senior – Girls
	300 M Hurdles (8-36")	Intermediate – Boys	
	300 M Hurdles (8-36")	Senior – Boys	
	200 M Dash	All Divisions – Girls/Boys	
	4x 400 M Relay	Junior, Intermediate, Senior – Girls/Boys	

**8:00 a.m. - Field Events:**

Long Jump	Long Jump	
<b>Pit #1 Girls</b>	<b>Pit #2 Boys</b>	
Pee Wee	Pee Wee	
Bantam	Bantam	
Midget	Midget	
Junior	Junior	
Intermediate	Intermediate	
Senior	Senior	
Shot Put	Discus	High Jump
Bantam - Boys	Junior - Boys	Senior - Boys
Bantam - Girls	Junior - Girls	Senior - Girls
Midget - Boys	Intermediate - Boys	Intermediate - Boys
Midget - Girls	Intermediate - Girls	Intermediate - Girls
Junior - Boys	Senior - Boys	Junior - Boys
Junior - Girls	Senior - Girls	Junior - Girls
Intermediate - Boys		Midget - Boys
Intermediate - Girls		Midget - Girls
Senior - Boys		Bantam - Boys
Senior - Girls		Bantam - Girls

**Awards:**

Ribbons for 1st through 8th Place in each heat. Heating for running events will be in random order and there will be no finals in any events.

**Inclement Weather:**

The meet may be delayed, but only cancelled in the event of an electrical storm. Meet manager has the final decision