



Be Hip & Flip

Plano Aerobats 2022 TAAF Qualifying Meet

(Carpenter Park Recreation Center, 6701 Coit Rd, Plano, Texas)

SATURDAY, February 12

SESSION I Level 1 & XB

32 Gymnasts

7:50am	Coaches Meeting
8:00am	Stretch
8:15am	Introductions
8:20am	Competition Begins
(Awards presented immediately following session)	

SESSION II Level 2

62 Gymnasts

10:15 am	Coaches Meeting
10:20 am	Stretch
10:35 am	Introductions
10:40 am	Competition Begins
(Awards presented immediately following session)	

SESSION III Level 3

63 Gymnasts

1:55pm	Coaches Meeting
2:00pm	Stretch
2:15pm	Introductions
2:20pm	Competition Begins
(Awards presented immediately following session in South Basketball Courts)	

SESSION IV Level 4

55 Gymnasts

5:35pm	Coaches Meeting
5:40pm	Stretch
5:55pm	Introductions
6:00pm	Competition Begins
(Awards presented immediately following session)	



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SUNDAY, February 13

SESSION V	Level 5 & 6	42 Gymnasts
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7:55 am	Coaches Meeting
8:00 am	Stretch
8:20 am	Introductions
8:25 am	Competition Begins

(Awards presented immediately following session in South Basketball Courts)

SESSION VI	Level 7, 8, XG & XP	45 Gymnasts
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11:25am	Coaches Meeting/Stretch
11:30am	Stretch
11:45am	Introductions
11:50am	Competition Begins

(Awards presented immediately following session in South Basketball Courts)

SESSION VII	Xcel Silver	41 Gymnasts
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2:55pm	Coaches Meeting
3:00pm	Stretch
3:15pm	Introductions
3:20pm	Competition Begins

(Awards presented immediately following session)

Thank you for attending!

COACHES NOTES:

Please take a minute to read over the following notes in reference to our hosted meet.

This year Plano Aerobats won't be announcing rotations. Rotations in all events will be block time. Our time is tight for all sessions. Therefore, please do your best to get to warming up after you rotate, and make sure your girls are ready to go. If you see we are running late, please make sure any gymnasts who come for the next session go to the gymnastics room to start their stretch. **Open stretch will be 15 minutes.** On Saturday, Session III will have their awards presented in the South gym. On Sunday, Sessions 5 and 6 will have their awards presented in the south gym. Please have your gymnasts in each of these sessions go directly to the South gym after their last rotation. Parents will be exiting through the gymnastics room for these awards while parents for the next session enter the North gym to take their seats.

Gymnasts will report to their first event after open stretch prior to announcements and The National Anthem.

As always, we will have some awesome food and snacks located in our hospitality room just across the hall. (Usually a preschool room) Breakfast each morning will be ready to go at 7:20. Please take advantage of meals, snacks, and drinks being offered.

Make sure when you pick up your cards at the beginning of each session, you review your gymnasts level and divisions. Changes **will not be allowed** after the session begins.

Remember to pick up score cards at the front table after each event.

Just in case parents ask, **Cash only for entry.** We don't have a way to charge credit cards.

Thank you so much and see you all in a few weeks.