

*2021 T.A.A.F. State  
Female Athlete of the Year*

## **Adalyn Garza**

**Lake Jackson, Texas**

**Speaker: Lacey Dingman**



### **TAAF Achievements/Awards/Honors**

- 2021 TAAF Region 1 Athlete of the Year
- 2021 TAAF Lake Jackson Female Athlete of the Year
- 2021 TAAF Summer Games Gold Medalist (Medley Relay 100Y)
- 2021 TAAF Summer Games Gold Medalist (25Y Backstroke)
- 2021 TAAF Region 1 Regional Qualifying Meet Gold Medalist (100Y Medley Relay, 100Y Free Relay)
- 2021 TAAF Region 1 Regional Qualifying Meet Gold Medalist (50Y Free, 25Y Backstroke)
- 2020 TAAF Winter Games of Texas Bronze Medalist (100Y Medley Relay)
- 2019 TAAF Winter Games of Texas Silver Medalist (100Y Medley Relay)
- 2019 TAAF Winter Games of Texas Bronze Medalist (100Y IM)
- 2019 TAAF Winter Games of Texas Silver Medalist (100Y Free Relay)
- 2019 TAAF Summer Games of Texas Gold medalist (100Y Medley Relay)
- 2019 Region 1 Regional Qualifying Meet Gold Medalist (100Y Medley Relay)
- 2019 Region 1 Regional Qualifying Meet Silver Medalist (25Y Back, 100Y Free Relay)
- 2018 Region 1 Regional Qualifying Meet Silver Medalist (100Y Medley Relay)
- 2017 Region 1 Regional Qualifying Meet Gold Medalist (25Y Free)
- 2017 Region 1 Regional Qualifying Meet Silver Medalist (25Y Back)

### **Other Achievements and Awards**

- 2021 CCAA Championship Meet Gold Medalist (100Y Medley Relay, 25Y Back, 100Y Free Relay)
- 2021 CCAA Championship Meet Bronze Medalist (50Y Free)
- 2019 CCAA Championship Meet Gold Medalist (100Y Medley Relay)
- 2019 CCAA Championship Meet Silver Medalist (25Y Back, 25Y Butterfly)
- 2019 CCAA Championship Meet Bronze Medalist (100Y IM)
- 2018 CCAA Championship Meet Gold Medalist (Medley Relay)
- 2017 CCAA Championship Meet Gold Medalist (25Y Free)
- 2017 CCAA Championship Meet Silver Medalist (25Y Back)

### **Personal Notes**

- Began swimming for the Lake Jackson Swim team when she was 6 years old
- Plays soccer and water polo
- Involved in community service activities such as volunteering at her church and with Girl Scouts
- Part of the Gifted and Talented school program, SEARCH
- Is on the A honor roll!

**Selected 2021 T.A.A.F. State Female Athlete of the Year**