2019 T.H.H.F. State Female Gthlete of the Year

Sierra Bracken

Lake Jackson, Texas

Speaker: L.R. Heffernan Escort: Marty Mulgrew

TAAF Achievements/Awards/Honors

- 2019 TAAF Region 1 Athlete of the Year
- 2019 TAAF Lake Jackson Female Athlete of the Year
- 2019 TAAF Summer Games Gold Medalist (Medley Relay 100Y)
- 2019 TAAF Summer Games Silver Medalist (25Y Breast, 100Y IM)
- 2019 TAAF Region 1 Regional Qualifying Meet Gold Medalist (100Y Medley Relay, 25Y Breast)
- 2019 TAAF Region 1 Regional Qualifying Meet Silver Medalist (100Y IM)
- 2019 TAAF Winter Games of Texas Silver Medalist (100Y Medley Relay, 100Y Freestyle Relay)
- 2018 TAAF Winter Games of Texas Gold Medalist (100Y Medley Relay)
- 2018 TAAF Winter Games of Texas Bronze Medalist (25Y Back)
- 2018 Region 1 Regional Qualifying Meet Silver Medalist (100Y Medley Relay)
- 2018 Region 1 Regional Qualifying Meet Bronze Medalist (25Y Breast)

Other Achievements and Awards

- 2019 State Games of America Gold Medalist (100Y Medley Relay)
- 2019 State Games of America Silver Medalist (100Y Freestyle Relay)
- 2019 State Games of America Bronze Medalist (25Y Breast)
- 2019 Coastal Cities Aquatic Association: season high point winner for 7/8 girls, and #3 overall for all swimmers
- 2019 Coastal Cities Aquatic Association Championship Meet Gold Medalist (100Y Medley Relay, 25Y Breast. 100Y IM)
- Made Bess Brannen Reading Team in 2016, 2017, and 2018
- Soccer Player for Team Xtreme in Lake Jackson

Goals

- Wants to attend college at Texas A & M
- Hope to join the Olympics

Athletes Motivation

- Enjoys socializing and being in sports to meet new friends
- · Looks up to her coach and hopes to be just as good of a swimmer as her

Personal Notes

- Loves to travel around the world with her family
- Loves her two dogs!
- Enjoys being outdoors with her twin sister, Clara, and older sister Larissa

