



Region XIV Championships

Schedule of Events and General Information

Cowart Stadium

10725 Mesa Drive Houston, Texas 77078

Saturday, July 15, 2023

General Team and Athlete Information

- I. Entry fee is \$10.00 per event, per athlete which must be paid by the online entry deadline by Texas Amateur Athletic Federation (TAAF), which is **11:59 PM Wednesday, July 12, 2023**.
- II. Failure to pay entry fee by the deadline will result in the athlete not being able to participate in the Regional Meet on July 15, 2023.
- III. At the time of packet pickup TAAF wavier form for each participating athlete **MUST** be turned in. Birth certificates must be available and presented by head coach or parent if protested at Regional Meet and/or State Meet if advancing. **(No Exceptions)**
- IV. Teams will receive ONE coach pass in the team packet.
- V. Only athletes participating in current event taking place are allowed on the infield. Once the meet has started no coaches or teams allowed on the infield. (Strictly Enforced). Track will be available 30 minutes before the first running event.
- VI. All field events will consist of three attempts. All running events are timed finals.
- VII. Athletes participating in field events must check in at designated event on **FIRST CALL**.
- VIII. Running event will be on a rolling schedule. Athletes participating in running events must report to the heating area on FIRST CALL. If not, the athlete will not be allowed on the track. Please pay attention to the announcer.
- IX. Pole Vault will be contested if there are four or more participants. Please check for the event at the Regional Meet. In order to advance to TAAF State Meet, Pole Vault participants must pay advancement fee at regional meet.
- X. Region 14 will advance three (**3**) entries per event to the TAAF State Meet. (1st, 2nd, and 3rd Place). If athlete will only participate in the Regional Meet and will not advance to TAAF State, exhibition must be checked at the time of online registration. This will allow the next athlete to advance. In order to advance to the TAAF State Meet, the top three qualifiers must pay an entry fee of \$10 per event qualified in cash. This fee must be paid by the end of the Regional Track Meet at the state meet advancement table. Only athletes registered online through TAAF can be entered on this form, no substitutions (No Exceptions). Awards will be 1st, 2nd, 3rd Medals and 4th -8th Ribbons!
- XI. Relay forms will be provided in the packet. If the relay team advances to TAAF State Meet the relay form must be filled out completely and turned in at the state advancement table along with the fee of

\$40 to advance to TAAF State Meet by the end of the Regional Meet or the relay team will not advance. Only athletes registered on the original entry form can be entered on this form, no substitutions (No Exceptions). Advancing relay teams must pay for all athletes at one time, not separately for each athlete.

- XII. All protest must be filed no more than 30 minutes after the results are posted. A CASH fee of \$75.00 must be submitted when filing a protest. The money will only be returned if the protest is upheld.
- XIII. Admission fee is \$10.00 for each Spectators. Children 3 & under admission free. Spectator admission tickets must be purchased online at Ticketleap.com
- XIV. Team Coaches, athletes or designated adult will be allowed to pay at the state advancement table once final results are posted. **Please remember by the end of the regional meet all advancers must be paid in cash for TAAF State Meet.**
- XV. Gate will open at 8:30 AM.

Schedule of Events

9:00 am – 10:00 am Field Events

Long Jump (All) - High Jump (All) - Triple Jump (14U-18U) - Shot Put (10U-18U) – Discus (14U-18U)

9:30 am 3200M Run (14U, 16U, 18U)

10:30 am – Remaining Running Rolling Schedule - All Ages Groups: (Girls first then Boys)

4 X 100M Relay (8U & UP)

50M Run (6U & 8U ONLY)

800M Run (8U & UP)

80M Hurdles (12U Girls & Boys ONLY)

100M Hurdles (14U, 16U, 18U Girls)

110M Hurdles (14U, 16U, 18U Boys)

100M Run (All Age Groups)

400M Run (8U & UP)

300M Hurdles (14U, 16U, 18U)

200M Run (8U & UP)

1600M Run (10U, 12U, 14U, 16U, 18U)

4 X 400M Relay (10U, 12U, 14U, 16U, 18U)