

# Pre-Season Ranking Meet

## Hosted By: ASI Plano West

December 8-10, 2023

**\*Doors Will Open 15 Minutes Prior to Open Stretch\***

**Friday December 8, 2023**

### Session 1

Level 1: ASI Allen, ASI Firewheel, ASI Lakewood (Coach Peter),  
ASI Plano West (Coach Julianna W@5 & Coach Jessica)

Level 2: ASI Allen (M/W@6), ASI Firewheel, ASI Lakewood,  
ASI Plano West (Coach Mia)

Coaches' Meeting 5:30 PM

Open Stretch 5:35 PM

March In 5:50 PM

Competition 6:00 PM

Awards 8:10 PM

**Saturday December 9, 2023**

### Session 2

Level 4: ASI Arlington, ASI Firewheel, ASI Lakewood, ASI Plano West, ASI Woodlands,  
United Elite

Level XG: ASI Plano West, ASI Woodlands, Athens Gymnastics, United Elite, Win Kids

Coaches' Meeting 8:00 AM

Open Stretch 8:05 AM

March In 8:25 AM

Competition 8:35 AM

Awards 11:55 AM

## **Saturday December 9, 2023**

### **Session 3**

Level 3: ASI Arlington, ASI Cypress, ASI Firewheel, ASI Keller, ASI Lakewood, ASI Woodlands, United Elite, Win Kids

Level XS: Athens Gymnastics, Win Kids

Coaches' Meeting 12:40 PM

Open Stretch 12:45 PM

March In 1:05 PM

Competition 1:15 PM

Awards 3:50 PM

### **Session 4**

Level XS: ASI Arlington, ASI Firewheel, ASI Lakewood, ASI Plano West, ASI Woodlands

Level XP: Athens Gymnastics, United Elite, Win Kids

Level XD: Win Kids

Level 5: ASI Firewheel, ASI Lakewood, ASI Woodlands

Level 6: United Elite

Coaches' Meeting 4:35 PM

Open Stretch 4:40 PM

March In 5:00 PM

Competition 5:10 PM

Awards 7:55 PM

## **Sunday December 10, 2023**

### **Session 5**

Level 1: ASI Cypress, ASI Keller (Coach Brittney), ASI Mesquite (Coach Isela),  
ASI Plano West (Coach Julianna TH@6), ASI Woodlands

Level 2: ASI Keller, ASI Mesquite

Coaches' Meeting	8:00 AM
Open Stretch	8:05 AM
March In	8:20 AM
Competition	8:30 AM
Awards	10:20 AM

### **Session 6**

Level 2: ASI Allen (T/TH@6), ASI Arlington, ASI Cypress, ASI Plano West (Coach Jessica),  
ASI Rockwall, ASI Woodlands, United Elite, Win Kids

Coaches' Meeting	11:05 AM
Open Stretch	11:10 AM
March In	11:25 AM
Competition	11:35 AM
Awards	1:35 PM

### **Session 7**

Level 1: ASI Arlington, ASI Keller (Coach Audrey), ASI Lakewood (Coach Macie),  
ASI Mesquite (Coach Kimberly), ASI Rockwall, Win Kids

Coaches' Meeting	2:20 PM
Open Stretch	2:25 PM
March In	2:40 PM
Competition	2:50 PM
Awards	4:45 PM