

2007 T.A.A.F. Male Athlete of the Year



Cody Armstrong

Clute / Lake Jackson, Texas

Swim Accomplishments

- 2003 T.A.A.F. Games of Texas – Silver: 100-Y Medley Relay; Bronze: 100-Y Freestyle Relay
 - 2004 T.A.A.F. Games of Texas – 6th place: 200-Y Freestyle Relay, 200-Y Medley Relay
 - 2005 T.A.A.F. Games of Texas – Gold: 50-Y Freestyle, 100-Y Freestyle
 - 2006 T.A.A.F. Winter Games of Texas – Gold: 100-Y Freestyle, 100-Y Backstroke, 100-Y Butterfly
 - 2006 T.A.A.F. Region 1 Swim Meet – Gold: 50-Y Freestyle; 100-Y Freestyle
 - 2006 T.A.A.F. Summer Games of Texas –Gold and set new records: 100-M Freestyle; 50-M Freestyle
 - 2006 T.A.A.F. Summer Games of Texas –Silver: 50-M Butterfly
 - 2007 T.A.A.F. Region 1 Swim meet- Gold medal: 50 Freestyle; 100 Freestyle; 50 Butterfly
 - 2007 T.A.A.F. Games of Texas Swim Meet – Gold medal: 100 Freestyle – Set a new record
 - 2007 T.A.A.F. Summer Games of Texas Swim Meet – Silver: 50 Freestyle; 50 Butterfly
 - 2006-2007 Lettered as Varsity Swimmer - Freshman year - Brazoswood High School
 - 2006, 2007 Brazoswood Water Polo Team – qualified for regional
 - 2006 Lake Jackson Local T.A.A.F. Athlete of the Year
 - 2007 Lake Jackson Local T.A.A.F. Athlete of the Year and Region 1 T.A.A.F. Athlete of the Year
- 2007 State Games of America – Nationals – 13-14 age group – Earning:
Gold medal: 50 Freestyle; 100 Freestyle; 50 Butterfly; 100 Butterfly; Medley Relay; Freestyle Relay
Bronze medal: 50 Backstroke, 50 Breaststroke; 200 Freestyle
Placed 3rd overall in points earned competing against athletes from 47 states

Academic and Community

- 2005 – Inducted into Junior National Honor Society – Clute Intermediate School
- 2005 – Received Citizenship Award
- Honor Roll Student –all Pre-AP or AP classes– Brazoswood High School
- Volunteers for the Lake Jackson Swim Team as a coach
- Member of St. Michael's Catholic Church Youth Ministry

Selected 2007 T.A.A.F. State Male Athlete of the Year