USAPL Winter Games of Texas

Presented by Texas Strength Systems

www.texasstrengthsystems.com/meets

Frisco, TX – January 15, 2017 TX-2017-01

MEET DIRECTORS: Wes Zunker, texasstrengthsystems@yahoo.com, 210 289-7782

LOCATION: Embassy Suites Dallas-Frisco Hotel & Convention Center

7600 John Q. Hammons Drive

Frisco, TX 75034

SCHEDULE: Sunday January 15th (No USAPL memberships will be sold at the meet)

7:30-9:00am Equipment check & rack heights

8:00-9:30 a.m. Weigh-in Lifting begins

ELIGIBILITY: The USAPL Winter Games of Texas is open to all currently registered USAPL

members. (USAPL Cards can be purchased on online at www.usapowerlifting.com.) Membership cards will **NOT** be sold at the meet. All lifters must have been drug-free for the past thirty-six (36) months. Master lifters must bring photo ID and proof of age.

WEIGHT CLASSES: Women (kg): 43, 47, 52, 57, 63, 72, 84, SHW New IPF classes Men (kg): 53, 59, 66, 74, 83, 93, 105, 120, SHW

DIVISIONS: Youth, High School, Collegiate, Teen, Junior, Open, Master, Special Olympics

Divisions will further be broken down as Youth 1,2,3; Teen 1, 2, 3; Masters, 1, 2, etc....

Competition Category: Full Meet, Push/Pull, Bench only, Deadlift only

RAW/EQUIPPED: In any division, a lifter may enter as raw or equipped

AWARDS: $1^{st} - 3^{rd}$ place for each weight class and division

 $1^{st} - 3^{rd}$ place team trophies for teams

Best Lifter Awards for Light Weight and Heavy Weight for males & females

ENTRY FREE: \$55 for first division. \$25 for each additional division.

\$35 for Open team entry

ENTRY DEADLINE: Entries must be postmarked by Saturday December 19th

Online entries due by Saturday December 24th

LATE ENTRY FEE: Entries postmarked after December 17th will be assessed a \$25 late fee (total entry fee

will be \$80). Please email or call before sending late entries.

MAIL ENTRIES Weston Zunker

2418 Boardwalk

San Antonio, TX 78217

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(Please print clearly)				
Name:				
Age: Birth	hdate:	Sex:	_ Wt Class:	
Category:	Division(s):_		Raw or Equipped	
Street Address:				
City, State, Zip:		Phone:		
Email:		_ USAPL Card	#:	Exp.:
Team:		-		
Signature:			Date:	