

# Winter Games of Texas ASI Plano West



January 16-17, 2016

# \*Doors Will Open 15 Minutes Prior to Open Stretch\*

# Saturday January 16, 2016

### Session 1

Xcel Silver: Division 1 & 2

Level 3P: Division 6 & 7

<u>Level 5</u>: Division 1, 2, 3, 4, 5 & 6

Coaches' Meeting 8:00 AM

Open Stretch 8:05 AM

March In 8:25 AM

Competition 8:35 AM

Awards 11:35 AM

### Session 2

<u>Level 3P</u>: Division 1, 2, 3, 4 & 5

Coaches' Meeting 12:35 PM

Open Stretch 12:40 PM

March In 1:00 PM

Competition 1:10 PM

Awards 4:10 PM

# Saturday January 16, 2016

# Session 3

Xcel Gold: Division 2

<u>Level 6</u>: Division 2 & 3

<u>Level 7</u>: Division 2

Coaches' Meeting 5:10 PM

Open Stretch 5:15 PM

March In 5:35 PM

Competition 5:45 PM

Awards 8:30 PM

# Sunday January 17, 2016

#### Session 4

<u>Level 4</u>: Division 1, 2, 3, 4, 5, 6 & 7

Coaches' Meeting 8:00 AM

Open Stretch 8:05 AM

March In 8:25 AM

Competition 8:35 AM

Awards 12:20 PM

## Session 5

<u>Level 1</u>: Excite Gym, Shooting Stars, Texas Gymnastics Training Center, Win Kids

<u>Level 3A</u>: Gym Tricks, Plano Aerobats, Shooting Stars, Texas Gymnastics Training Center,

**United Elite** 

Coaches' Meeting 1:20 PM

Open Stretch 1:25 PM

March In 1:45 PM

Competition 1:55 PM

Awards 3:40 PM

# Session 6

<u>Level 2</u>: Excite Gym, Gym Tricks, GymnStar, HEB Gymnastics, Shooting Stars,

Texas Gymnastics Training Center, United Elite, Win Kids

Coaches' Meeting 4:25 PM

Open Stretch 4:30 PM

March In 4:50 PM

Competition 5:00 PM

Awards 6:45 PM