

*2019 T.A.A.F. State
Male Athlete of the Year*



Cruz Gomez

Alamo, Texas

Speaker: Lacey Dingman

Athletic Achievements / Awards / Honors / Year (T.A.A.F. & School):

- Rio Grande Valley Cross Country Runner of the Year 2017
- Rio Grande Valley Cross Country Runner of the Year 2018
- Rio Grande Valley track & Field Runner of the Year 2019
- TAAF 16 and Under 3200m State Champion 2016
- TAAF 16 and Under 1600M State Champion 2016
- TAAF 16 and Under 3200m State Record Holder 2016
- TAAF 16 and Under 1600m State Record Holder 2016
- TAAF 18 and Under 3200m State Champion 2017
- TAAF 18 and Under 3200m State Record Holder 2017
- TAAF 18 and Under 3200m State Champion 2018
- TAAF 18 and Under 1600m State Champion 2018
- TAAF 18 and Under 1600m State Champion 2019
- UIL 3200m State Champion 2019

Other years and awards?

- First Rio Grande Valley Athlete to Qualify to Nike Cross Nationals in 2017 and again in 2018
- First Rio Grande Valley Athlete to win McNeil Invitational
- First Rio Grande Valley Athlete to run sub 15min 5K
- First Rio Grande Valley Athlete to win Foot Locker South Regional
- Second Rio Grande Valley Athlete to ever qualify to Foot Locker Nationals

Scholastic Achievements / Awards / Honors / Years:

- Top 10% in Class of 2019
- Ranked 23 out of 560 students
- Member of National Honor Society
- Graduated with Associates Degree from South Texas College before graduating high school
- Graduated under the Distinguished Level of Achievement with Collegiate Honors

Extracurricular Involvement (Community / Religious / Clubs):

- Cross Country
- Track & Field
- National Honor Society

Goals:

- To graduate with a Master's Degree in Exercise Science from The University of Texas at Austin
- Become an Olympian and represent Team USA

Reasons:

Sports where a good way to help me become a role model for my siblings and it was a way where I could motivate younger athletes

Personal Profile:

I am Cruz Gomez, the son of Laura and Cruz Gomez. I am from the small city of Alamo, Tx located in the Rio Grande Valley. I am now living in Austin, Texas where I attend The University of Texas and have a full ride scholarship in cross country/track, I plan to be the first in my family to graduate from college while also following my dream of becoming an Olympian.

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