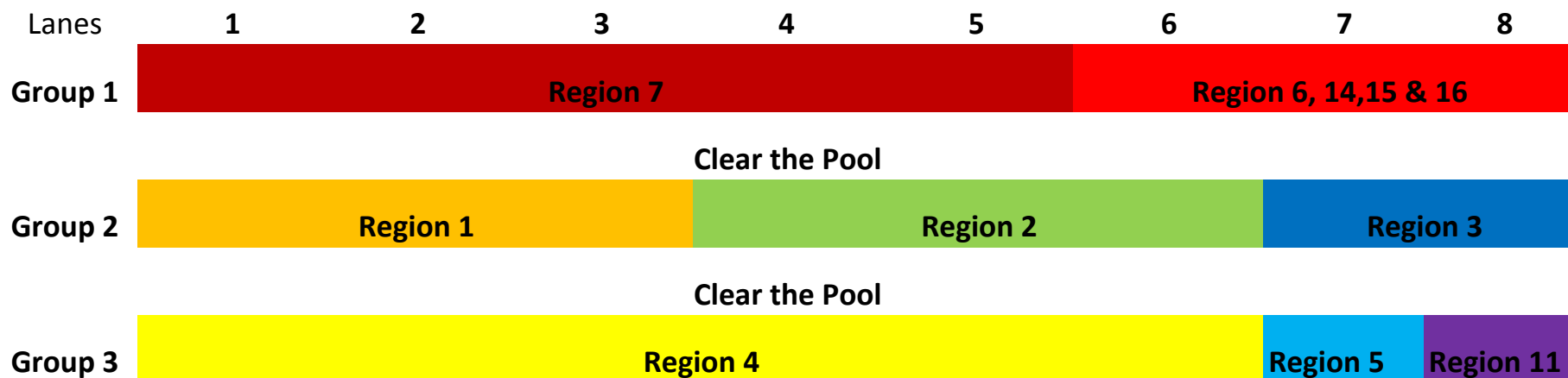


COMPETITION POOL



All other warm up lanes are open to each group at any time for lap swimming only!

	Session 1 Starts 4:00 pm	Session 2 Starts 8:30 am	Session 3 Starts 2:00 pm	Session 4 Starts 8:30 am	Session 5 Starts 2:00 pm	Session 6 Starts 8:30 am
Group 1	2:15-2:40	7:15-7:40	1:15-1:40	6:40-7:05	12:45-1:10	7:45-8:10
Group 2	2:45-3:10	7:45-8:10	12:15-12:40	7:15-7:40	1:15-1:40	6:40-7:05
Group 3	3:15-3:40	6:40-7:05	12:45-1:10	7:45-8:10	12:15-12:40	7:15-7:40

*15minutes warm-up/10 minutes starts